

# Epsom & Ewell Phab

Inclusive activities for young people  
with and without physical disabilities

Charity No 298452

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**The Queen's Award  
for Voluntary Service**

*The MBE for voluntary groups*

## Phab Holiday 2017

Hindleap Warren, Ashdown Forest

### **When are we going?**

Thursday 13th April to Monday 17<sup>th</sup> April 2017 (Easter Weekend).

### **Where are we going?**

Hindleap Warren in the Ashdown Forest, East Sussex, less than one hour drive from Epsom. It is set in 300 acres of woodland and wilderness with most of the activities being on site.

### **What will we do?**

Activities may include climbing, high ropes, canoeing, forest adventure, orienteering, zip wire, archery and bush craft.

### **How much?**

The cost of the holiday will be a maximum of £170 per person. For those members who will find the cost a problem, we will be looking at providing additional subsidies. Please speak to Malcolm or Julia if you wish to consider this. The actual cost to the club will be over £300 per member with the Club providing the balance, and any additional subsidies, from fundraising activities, sponsorship and donations.

### **How can I find out more?**

The Youth Programme Manager from Hindleap will be coming along to our club at 8.00pm on Friday 14<sup>th</sup> October, 2016 to share more about the centre and the holiday plans. We would like to encourage parents to come along to this meeting.

### **How do I get to join in the fun?**

If you would like to apply for a place, please return the form below as soon as possible with a £50 deposit (non returnable once accepted) by Friday 28th October 2016. If we are oversubscribed we will not be able to accept forms after this date. In the event of being oversubscribed we may need to consider criteria such as age, attendance and behavior to determine who will be accepted. The balance of £120 will be payable in 2 installments by 28<sup>th</sup> February 2017.

If you want any further information please give Julia a call on 01372 729492.

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NAME(s) ..... AGE(s) at April 2017.....

I/We would like to apply for a place/places on the Epsom and Ewell PHAB 2015 holiday to Hindleap Warren.

I enclose a deposit of £50, non returnable once accepted.

(Cheques should be made payable to "Epsom and Ewell Phab")

PARENT/GUARDIAN SIGNATURE.....